Ariela M. Freedman, PhD, MPH, MAT

Owner and Founder, MavenTree Consulting, LLC 206 Hawthorn Circle NE Atlanta, GA 30317 ariela@maventreeconsulting.com www.maventreeconsulting.com

EDUCATIONAL BACKGROUND:

Institution Lawrence University, Appleton, WI National Louis University, Chicago, IL University of Minnesota, Mpls., MN Emory University, Atlanta, GA	Degree BA MAT MPH PhD	Date 2000 2002 2006 2011	Field English English Education Community Health Education Behavioral Sci. and Health Ed.
ADDITIONAL TRAINING:			
Urban Studies Program, Chicago, IL		1997	Urban Studies/Education
European Cultural History Tours		1998	Study Abroad Program
Ithaca College London Study Center		1999	English and Theater
Walloon Institute, Evanston, IL		2001	Best Practices Teaching Methods
MAXQDA Qualitative Software		2010	Emory University
Active Learning and Engagement Initiative		2012	Emory University
Managing to Change the World		2012	The Management Center

WORK EXPERIENCE:

2014	
2014-	Owner and Founder, MavenTree Consulting, LLC
2013-2014	Managing Director, Alumni Learning and Community Engagement, Teach For America,
	Metro Atlanta
2011-2013	Assistant Research Professor, Department of Behavioral Sciences and Health Education,
	Rollins School of Public Health, Emory University
2011-2013	Evaluator, Emory Public Health Training Center; PI: Miner, K., Co-PI: Alperin, M.
2011-2013	Evaluator, Atlanta Clinical and Translational Science Institute, PI: Stephens, D.
2010-2012	Co-investigator/Lead Qualitative Researcher, Emory Preparedness and Emergency Response
	Research Center: Assessing the Utility of Incident Command Systems and Emergency
	Operations Centers in Public Health Crises; PI: Berkelman, RL.
2010-2011	ORISE Evaluation Fellow, Centers for Disease Control and Prevention, National Center for
	Chronic Disease Prevention and Health Promotion, Department of Nutrition, Physical
	Activity, and Obesity, Evaluation Team
2009	Graduate Research Assistant, Atlanta VA: Health Literacy Research; PI: Echt, K.
2008-2009	Teaching Assistant/Co-Teacher: Research Methods; Quantitative Methods; Social Behavior
	in Public Health
2007-2009	Graduate Research Assistant, Emory University:
	- Public Health Workforce Study; Co-PI: Hepburn, V., Co-PI: Miner, K.

- Avon Foundation Comprehensive Breast Center Community Education & Outreach

April 2015 1

Initiative; PI: Arriola, K.

- Project ACTS: About Choices in Transplantation and Sharing; PI: Arriola, K.
- Nutrition Environments Measures Survey; PI: Glanz, K.
- 2005-2007 Director of Health, Parents In Community Action Head Start, Minneapolis, MN
- 2004-2005 Educational Coordinator, Achieve!Minneapolis STEP-UP Program, Minneapolis, MN 2000-2002 English, Drama, and Debate Teacher, Benito Juarez Community Academy, Chicago, IL

SERVICE ACTIVITIES:

2012-2013	Member, Committee to assess PhD program competencies, Department of Behavioral
	Sciences and Health Education, Rollins School of Public Health
2011-2014	Founder and Executive Director, ConnectEd 4 Health
2011-2013	Co-Founder and member, Public Health and Neurology Collaborative, Emory University
2010-2012	Member, Council on Education for Public Health Accreditation Steering Committee
2008-2010	Student Representative, Doctoral Program Committee, Rollins School of Public Health
2009-2010	Student Representative, Dean's Committee on Teaching, Rollins School of Public Health

LOCAL AND COMMUNITY ACTIVITIES:

2014-current	Member, Congregation Bet Haverim Educational Committee
2014-current	Member, Congregation Bet Haverim Choir
2012	Member, Cuba Emergency Preparedness Delegation (Center for International Policy)
2012-2014	Member, EnRICH (Enhancing Resilience and Capacity for Health) international network
2011-2013	Member, Teach For America Metro-Atlanta Alumni Board, Atlanta, GA
2009-2010	Volunteer Career Mentor, Teach For America
2008-2009	Family Mentor, International Rescue Committee, Atlanta, GA
2007	Tutor, Jewish Family Services, Atlanta, GA
2006-2007	Mentor, University of Minnesota School of Public Health, Minneapolis, MN
2005-2006	Engliyada Volunteer Teaching Program, Tiberias, Israel
2002-2003	B'nai Israel Sunday School Teacher and Israel event organizer, Rochester, MN
2001-2002	Teach For America Learning Team Leader, Chicago, IL
2000-2002	Teach For America Corps Leadership Group member, Chicago, IL
1999-2000	Tutor and After-School Instructor, Lawrence University, Appleton, WI
1997	Intern Teacher, Jane Addams Hull House, Chicago, IL

PEER REVIEW RESPONSIBILITIES:

Journal of Health Promotion Practice American Public Health Association Georgia Public Health Association

GUEST LECTURES, TRAININGS, AND COURSES TAUGHT:

2008-2015 Rollins School of Public Health, Atlanta, GA

Course: Classroom to Community: Health Education in Action Course: Translational and Interdisciplinary Public Health Research

Course: Mixed Methods Research and Evaluation Practice

Training: Introduction to Qualitative Research and Data Analysis

Training: Teaching 101

Guest Lecture: Mixed-methods Approaches to Understanding ICS/EOC Use in Health Departments

Guest Lecture: Creating an Instructional Foundation for Health Behavior Change

Interventions

Guest Lecture: Health Literacy & Health Disparities: Bridging the Gap Between Research & Practice

Guest Lecture: Using Wordle to Enhance Qualitative Analysis

Guest Lecture: Creating an Instructional Foundation for Behavior Change Interventions

Guest Lecture: Observational Research in Qualitative Studies

Guest Lecture: Intervention Research and Evaluation with Underserved Populations

Guest Lecture: Health Literacy and Utilization of Health Services

Guest Lecture: Health Disparities and Health Literacy

Guest Lecture: Adult Basic Education: A Complementary System to Address Health Literacy

Guest Lecture: Design and Planning of Community Interventions

Guest Lecture: Interpersonal and Organizational-Level Theories for Behavior Change

Guest Lecture: Individual-level Theory for Health Behavior Change Guest Lecture: Introduction to Quasi-Experimental Study Design Guest Lecture: Measurement in Behavioral Sciences Research

2013-2014 Teach For America, Metro Atlanta

Training: Logic Model Design

Training: Introduction to Evaluation – data, quality data, and using data to improve practice Training: Evaluation 101 – Building process and outcome evaluation into your program Training: Evaluation 102 – How to conduct interviews and focus groups and analyze data

2011-2013 Emory Public Health Training Center

Training: Practical Evaluation Skills for Public Health Practitioners

Training: Health Literacy and Cultural Competency for Public Health Practitioners

2010-2013 Emory University Hospital, Neurology Resident Education Program

Guest Lecture: Health Literacy: Maximizing Your Patient Interactions Guest Lecture: Mixed-Methods Research in the Practice of Neurology

2011 Centers for Disease Control and Prevention

Guest Lecture: Educating Policy Makers: Ensuring your message is heard and remembered

2006-2007 Parents in Community Action Head Start, Minneapolis, MN

Training: Preparing for the Federal Head Start Performance Review in Health

Training: Hygiene and Sanitation in the Head Start Classroom

Training: Introduction to PowerPoint

Course: Healthy Eating and Cooking for Families

2005-2006 Department of Epidemiology and Community Health, University of Minnesota, Mpls., MN

Guest Lecture: Curriculum Development and Lesson Plan Creation

2005-2006 Achieve! Minneapolis, STEP-UP Program, Minneapolis, MN

Training: Youth Employment Readiness Training

Training: Supervisor Training – Working with Students from Diverse Backgrounds

2001 Teach For America, Chicago, IL

CONSULTANT WORK:

2014-2015 Technical assistance on evaluation design and grant writing for Community Guilds (Atlanta nonprofit organization)

Technical assistance on program design for Rollins School of Public Health CLaRK program

Technical assistance on research unit design for the New School (Atlanta)

Training, coaching, and technical assistance with the Emory Center for Training and

Technical Assistance (Health Places Program)

2008-2010 Consultant Grant and Report Writer for PICA Head Start:

- State Health Disparities Grant
- Early Childhood Mental Health Grant (Secured \$300,000 grant)
- USDA Food Support Grant
- Split-Week Program Variation, Response to Department of Health and Human Service, Administration for Children and Families, Office of Head Start Region V

CURRICULA WRITTEN:

2006 Building Healthy Lives in America: A seven-session nutrition education course for new

immigrant and refugee adolescents

Masters Thesis: University of Minnesota School of Public Health, Minneapolis, MN

2005 Preventores de Emergencias: Hispanics Preventing Emergencies, Youth Program

American Red Cross, Minneapolis, MN

2005 STEP-UP Youth Employment Readiness Trainings and Supervisor Trainings

Achieve! Minneapolis, STEP-UP Program, Minneapolis, MN

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

American Public Health Association Georgia Public Health Association Society for Public Health Education American Evaluation Association

AWARDS AND RECOGNITION:

2012	Nominee for Robert Wood Johnson's Young Leader Award in Health
2011-2012	Alumni Profile, Teach For America Metro Atlanta
2005-2006	Alumni Profile, University of Minnesota School of Public Health Annual Report
2002-2006	Who's Who Among America's Teachers
2000	Nominee for Teach For America's Sue Lehmann Award for Excellence in Teaching
2000	Nominee for Suave Educator's Performance Plus Award
2000	Cum Laude, Lawrence University
1997	Dean's List, Lawrence University

PEER REVIEWED PRESENTATIONS AND PUBLICATIONS:

Freedman, A.M., Simmons, S. Lloyd, L.M., Redd, T., Alperin, M., Salek, S., Miner, K. (2014) Public Health Training Center Evaluation: A Framework for Using Logic Models to Improve Practice and Educate the Public Health Workforce. Health Promotion Practice, Mar;15(1 Suppl):80S-8S.

Freedman, A.M., Alperin, M., Lloyd., L.M., Salek, S.S., Redd, T.R., Miner, K.R., (2013) Logic Model 2.0: A framework for Revising your program's logic model. Oral presentation at the American Public Health Association Conference, Boston, MA.

Freedman, A.M., Williams, A., Bryson, A., Keefe-Oates, B., Salek, S.S., Turgeon, M., Murphey, T. (2013) Connected 4 health: Developing an interdisciplinary network of leaders who work at the intersection of health and education. Oral presentation at the American Public Health Association Conference, Boston, MA.

Freedman, A.M., Williams, A., Bryson, A., Keefe-Oates, B., Unzicker, K., Drucker, J., Salek, S.S. (2013) Classroom to Community: Empowering teachers to address health as a barrier to educational achievement. Poster presentation at the American Public Health Association Conference, Boston, MA.

Alperin, M., Lloyd., L.M., Redd, T.R., **Freedman, A.M.,** Salek, S.S., Miner, K.R. (2013) Putting adult learning theory into action: Strategies to create relevant trainings for multidisciplinary audiences. Oral presentation at the American Public Health Association Conference, Boston, MA.

Alperin, M., Lloyd., L.M., Redd, T.R., **Freedman, A.M.,** Salek, S.S., Miner, K.R. (2013) Advocating for Public Health. Oral presentation at the American Public Health Association Conference, Boston, MA.

Freedman A.M., Kuester SA, Jernigan J. (2013) Evaluating public health resources: what happens when funding disappears? Prev Chronic Dis. Nov 14;10:E190.

Freedman, A.M. (2013). New Models for Diabetes Education: An interdisciplinary approach to how people learn. Keynote speech at Maine Diabetes Health Educator Conference. Point Lookout, ME.

Freedman, A.M., Echt, K.V., Miner, K. R., Parker, R., Cooper, H.L.F. (2013) Book chapter: Health Education is Health Literacy: Maximizing the Impact of Health Education Interventions by Focusing on How Individuals Acquire Skills for Behavior Change. Nova Science Publishers, Inc., Hauppauge, NY.

Freedman A.M., Mindlin M., Morley C., Griffin M., Wooten W., Miner K. (2013) Addressing the gap between public health emergency planning and incident response: Lessons learned from the 2009 H1N1 outbreak in San Diego County. Disaster Health. 1(1).

Freedman, A.M., Painter, J., Unzicker, K., LaMont L., Williams, A. (2012) Creating Classroom to Community: Health Education in Action – a service-learning partnership with Teach For America. Poster to be presented at the American Public Health Association conference. San Francisco, CA.

Freedman, A.M., Miner K. R., Levinson, R. (2012) Teaching Translation and Teamwork: a foundation for doctoral education. Oral presentation at the American Public Health Association conference. San Francisco, CA.

- **Freedman, A. M.,** Miner, K. Echt, K., Cooper, H. L. F., Parker, R. (2012) BEAN: An action-oriented and scientifically-based model for how people learn health literacy skills. Oral presentation at the American Public Health Association conference. San Francisco, CA.
- **Freedman, A. M.,** Salek, S., Beck-Pancer, L., Hazra, E. (2012) Classroom to Community: Training Health Educators. Georgia Public Health Association Conference, Atlanta, GA.
- **Freedman, A.M.,** Mindlin, M. Miner, K.R. (2012). Mixed-methods Approaches to Translating Emergency Preparedness Research into Practice and Improving Evaluation of Emergency Preparedness Programs. Oral presentation at Public Health Preparedness Summit. Anaheim, CA.
- **Freedman, A.M.,** Mindlin, M. Smock, J. (2012) Fostering Collaborating Between Academia and Public Health Emergency Preparedness Practitioners through a Community Based Participatory Research Approach. Poster presentation at Public Health Preparedness Summit. Anaheim, CA.
- Mindlin, M. **Freedman, A.M.,** Bitler, L., Lee, A., Miner, K. (2012) Local Health Department Implementation of ICS and EOCs: Looking Back, Shaping the Future. Oral presentation at Public Health Preparedness Summit. Anaheim, CA.
- **Freedman, A.M.,** Parker, R., Echt, K.V., Cooper, H.L.F. & Miner, K.R. (2012) Better learning through instructional science: A health literacy case study in "how to teach so learners can learn." *Health Promotion Practice*. 13(5) 648-56.
- Rodden, M.F., **Freedman A.M.**, Tomxzyszyn P., Tubby C., Helmers S.L. (2011) Patients and Physicians Perceptions on Access to Epilepsy Care: A Collaborative Survey. Poster presentation at American Epilepsy Society Conference, Baltimore, MD.
- **Freedman, A. M.,** Miner, K. Echt, K., Parker, R., Cooper, H. L. F. Amplifying Diffusion of Health Information in Low Literate Populations Through Adult Education Health Literacy Classes. (2011) Journal of Health Communication, 16:119-133.
- **Freedman, A.M.,** Freedman, C.S. Ensuring Patient Success: Applying cognitive psychology and adult learning theory to teaching functional health literacy skills to transplant patients and their care providers. (2011) Oral presentation at the Society for Transplant Social Workers Conference. Tampa, FL.
- **Freedman, A.M.**, Miner, K.R., Echt, K.V., Cooper, H.L.F., Parker, R. Creating a Rigorous Instructional Foundation for Health Education Interventions: Integrating Cognitive Psychology and Adult Learning Theory to Foster Functional Health Literacy Skill Acquisition (2011). Poster presentation at the American Public Health Association Conference, Washington DC.
- **Freedman, A.M.,** Mindlin, M., Morley, C., Griffin, M., Miner, K. Improving Public Health Emergency Preparedness: Narrowing the Gap Between Planning and Reality: Lessons Learned from the H1N1 Outbreak in San Diego on workforce preparedness (2011). Poster presentation at the American Public Health Association Conference, Washington DC.
- **Freedman, A.M.,** Morley, C.A., Griffin, M., Mindlin, M., Miner, K.R. Improving Risk Communication in Emergencies: Lessons Learned from a Case Study Using the 2009 Novel H1N1 Influenza Outbreak in San Diego. (2011). Poster presentation at Public Health Preparedness Summit. Atlanta, GA.

Freedman, A.M., Cooper, H.L.F., Parker, R., Miner, K., Echt, K. (2010). Adult Education as a Vehicle for Health Communication. Oral presentation at the American Public Health Association Conference. Denver, CO.

Freedman, A.M., Parmer, J., Hepburn, V., Miner, K. (2009). Enhancing the Partnership with Public Health Employers: Are Public Health Educators Really Tuned into Employers' Needs? Poster presented at the Society for Public Health Education Annual Conference. New Orleans, LA.

Hepburn, V., Miner, K., Parmer, J., **Freedman, A.M**. (2009). Georgia's Public Health Workforce: A Research Whitepaper. University System of Georgia, Center for Health Workforce Planning and Analysis.

Parmer, J., Hepburn, V., Miner, K., **Freedman, A.M.** (2009). Strengthening the Public health Workforce: Employer Perspectives. Oral Presentation at the Society for Public Health Education Annual Conference. New Orleans, LA.

Owen-Smith, A., **Freedman, A.** & DiClemente, R. (2009). Association between health literacy and complementary and alternative medicine (CAM) use among HIV-positive patients. Poster presented at the North American Conference on Complementary and Integrative Medicine, Minneapolis, MN.

Hepburn, V., Miner, K., Parmer, J., **Freedman, A.M**. (2008). Public Health Workforce Study. Oral Presentation at the American Public Health Association Annual Conference. San Diego, CA.

Thesis Committees Chaired:

Erin Keyes (2013) Se habla español: Using Chagas disease as a model for developing health communication products with the US Latin American immigrant population.

Alex Olivas (2013) Cyber-Bullying Prevention: Program Assessment and Implications.