

CURRICULUM VITAE

Rachel Waford Hall, PhD, ABPP

Office Address:

Hubert Department of Global Health
Rollins School of Public Health
Emory University
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EDUCATION AND TRAINING

Post-doctoral Fellowship, 2014, Emory University School of Medicine/Grady Health System, Atlanta, GA

PhD, Clinical Psychology, 2013, University of Louisville, Louisville, KY

Dissertation Title: *Understanding Thought Disorder in Schizophrenia-Spectrum Disorders:
Exploring the Relation and Implications of Affect*

Pre-doctoral Internship, 2012-2013, Harvard Medical School/Beth Israel Deaconess Medical
School/Massachusetts Mental Health Center, Boston, MA

MA, Experimental Psychology, 2006, Western Kentucky University, Bowling Green, KY

Thesis Title: *An Assessment of School Adjustment in Head Start Children*

BA, Psychology and Sociology, 2004, Western Kentucky University, Bowling Green, KY

Minor: Criminology

LICENSES AND CERTIFICATIONS

June 2019: American Board of Clinical Psychology

July 2014: Georgia Board of Psychology (PSY003800)

RESEARCH INTERESTS

Prevention, early identification, and early intervention for severe mental illness in vulnerable and marginalized communities; cross-cultural research methods; mental health advocacy and education

PROFESSIONAL EMPLOYMENT

Hubert Department of Global Health, Rollins School of Public Health, Emory University, Atlanta, GA

Assistant Professor **2014-Present**

- Lecturer
- Student Advisor

Dept. of Psychiatry and Behavioral Sciences, School of Medicine, Emory University, Atlanta, GA

Assistant Professor (Jointly-appointed) **2014-Present**

- Supervising Psychologist
- Faculty Lecturer

THE HIGHLAND PSYCH Collaborative, Atlanta GA

Licensed Clinical Psychologist **May 2020-Present**

- Individual and family psychotherapy
- Psychological Evaluation
- Consultation
- Community education and advocacy

Georgia Behavioral Health Professionals, Atlanta, GA

Licensed Clinical Psychologist

2018-2020

- Individual and family psychotherapy
- Psychological Evaluation
- Consultation
- Community education and advocacy

Decatur Family Psychiatry, Decatur, GA

Licensed Clinical Psychologist

2014-2018

- Individual and family psychotherapy
- Psychological Evaluation
- Consultation
- Community education and advocacy

SCIENTIFIC ACTIVITIES AND GRANT SUPPORT

CONSULTANT

2017-Present

Child Development and Adult Social and Human Capital (COHORTS)

Emory University, Atlanta, GA

Aim: Provide evidence regarding the role of early-life cognitive potential in the development of adult cognitive and socioemotional achievement and social human capital in four cohorts in low and middle-income countries (Aryeh Stein, PI)

Funding Source: Bill and Melinda Gates Foundation

CO-PRINCIPLE INVESTIGATOR

2017-2019

Storywise Project: Using Narratives to Strengthen Communities

Emory University, Atlanta, GA

Aim: To strengthen community capacity to address syndemic health disparities through collection of narratives created by affected communities; the community-based analysis, by multi-sectoral teams, of those narratives; and the development and dissemination of program and policy-level resources and actions grounded in the narratives and the contextual needs and realities they reveal. (Kate Winskell, PI)

Funding Source: Robert Wood Johnson Foundation

SUBSTANCE ABUSE INTERVENTIONIST

CLINICAL SUPERVISOR

2014-2019

Project RETAIN

Emory University, Atlanta, GA

Aim: Evaluate the efficacy of an integrated retention clinic for virologic suppression in individual with HIV using crack-cocaine. Study participants will be randomized to the intervention group or treatment as usual. The intervention includes sessions with a personal navigator, and a with a mental health clinician to reduce crack-cocaine use through Cognitive Behavior Therapy and Motivational Enhancement Therapy interventions. (Carlos del Rio, Co-PI; Linda Metsch, Co-PI)

Funding source: NIH/NIDA

CLINICAL SUPERVISOR

2016-2019

**Linkage to Hepatitis C Virus (HCV) Care among HIV/HCV Co-infected Substance Users
Emory University, Atlanta, GA**

Aim: Assess the effectiveness of an efficacious linkage to care intervention for HIV/HCV co-infected substance users. Linkage to care will be operationalized as receipt of clinical evaluation/treatment for HCV infection. Secondary objectives will be to assess: 1) relative success at each step in the cascade, 2) engagement in substance use treatment and HIV care, and 3) HIV viral suppression. (Linda Metsch, PI)
Funding source: NIDA

CLINICAL SUPERVISOR

2016-2019

Enhancing Recruitment, Linkage to Care and Treatment for HIV-Infected Men Who Have Sex with Men (MSM) in the United States

Aim: The purpose of this study is to develop and assess the efficacy of an integrated strategy that includes feasible and scalable interventions to identify, recruit, link to care, retain in care, attain, and maintain viral suppression among HIV-infected men who have sex with men (MSM) in the United States (US). (Chris Beyrer, Co-PI; Robert Remien, Co-PI)
Funding source: DAIDS/NIH/NIAID

CLINICAL RESEARCHER AND COLLABORATOR

2014-2015

North American Prodrome Longitudinal Study (NAPLS)

Aim: Investigate biological assessment approaches for a longitudinal, multi-site study of predictors and risks factors for the psychosis prodrome.
Funding source: NAPLS Consortium/NIMH

LAB AND PROJECT COORDINATOR

2008-2013

**Affect and Cognition in Severe Psychopathology
University of Louisville, Louisville, KY**

LAB AND PROJECT COORDINATOR

2006-2008

**Developmental Neuroscience Lab
University of Louisville, Louisville, KY**

PEER-REVIEWED PUBLICATIONS

Waford, R. N. & Iati, C. A. (2016). Early intervention in psychosis: Creating a broader mental health community. *NAMI Advocate*, 14(1), 10-11.

Iati, C. A. & **Waford, R. N.** (2016). Increasing awareness of mental illness in the community: A call to action. *Psychologists in Public Service, Division 18*, 41(1), 22-23.

Pompili, M. Venturini, P., Lamis, D. A., **Waford, R. N.**, Ricci, F., Erbutto, D., & Girardi, P. (2015). Rehabilitation of the adolescent with a substance use disorder: Overview of treatment efficacy. *International Journal of Emergency Mental Health and Human Resilience*, 17, 617-623. doi: 10.4172/1522-4821.1000242

Waford, R. N., Macdonald, A., Goines, K., Novacek, D., Trotman, H., Walker, E., et al. (2015). Demographic correlates of attenuated positive psychotic symptoms. *Schizophrenia Research*, 166(1-3), 31-36.

Lewine, R., Sommers, A., **Waford, R.N.**, & Robertson, C. (2015). Setting the mood for critical thinking in the classroom. *International Journal for the Scholarship of Teaching and Learning*, 9(2), 1-4.

- Nelson, T.D., Lundahl, A., Molfese, D.L., **Waford, R.**, Roman, A., Gozal, D., Molfese, V.J., Rue, A., & Ferguson, M. (2014). Estimating child sleep from parent report of time in bed: Development and evaluation of adjustment approaches. *Journal of Pediatric Psychology, 39*(6), 624-632.
- Lewine, R., Sommers, A., **Waford, R. N.**, Bustanoby, H., Robertson, C., Hall, R., & Eisenmenger, K. (2011). Sex, affect, and academic performance: It's not what you think. *International Journal of the Scholarship of Teaching and Learning, 5*(2), Article 7.
- Waford, R. N.** & Lewine, R. (2010). Is perseveration uniquely characteristic of schizophrenia? *Schizophrenia Research, 118*, 128-133. doi:10.1016/j.schres.2010.01.031
- Lemerise, E. A, Fredstrom, B. K., McCormick, B. G., Bowersox, A. L., & **Waford, R. N.** (2006). Do Provocateurs' Emotion Displays Influence Children's Social Goals and Problem Solving? *Journal of Abnormal Child Psychology, 34*(4), 555-567. doi: 10.1007/s10802-006-9035-x

PUBLISHED BOOKS

- Waford, R. N.** & Iati, C. A. (2019). Psychosis. In Stephen Hupp (Ed.), *Pseudoscience in Child & Adolescent Psychotherapy*. Cambridge University Press.
- Iati, C. & **Waford, R. N.** (2015). *The Psychosis Response Guide: How to help young people in psychiatric crisis*. Springer Publishing: New York, New York.

OTHER PUBLISHED WORKS

- Waford, R. N. (2018) Early intervention for psychosis: Building a mental health community. TEDx, Decatur, GA, USA, July 28, 2018.
- Walfish, S. (Interviewer), Waford, R. N. (Interviewee), & Iati, C. A. (Interviewee). (2016). *The Psychosis Response Guide: How to help young people in psychiatric crisis*. Retrieved from The Practice Institute website. <http://www.tpishop.com/product/carina-iati-psyd-rachel-waford-ph-d-the-psychosis-response-guide-how-to-help-young-people-in-psychiatric-crises-mp3/>.

MANUSCRIPTS IN PREPARATION

- Waford, R. N.** & Iati, C. What does early intervention for psychosis look like outside of specialized treatment programs? A review.

SELECT RECENT WORKSHOPS AND PROFESSIONAL PRESENTATIONS

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| April 2020 | Invited Presenter: <i>Preserving Mental Health During the Global Coronavirus Pandemic</i> . Hosted by the Emory Global Health Institute |
| November 2019 | Invited Presenter: <i>OCD and Psychosis: ACT-Based Assessment and Intervention</i> . Annual Meeting of the Association for Behavior and Cognitive Therapy, Atlanta, GA. |
| May 2019 | Invited Presenter: <i>Acceptance and Commitment Therapy for Parents, Caregivers, and Individuals with Lived Experience</i> . Skyland Trail Psychiatric Treatment Center, Atlanta, GA. |
| April 2019 | Invited Presenter: <i>Hot Topics in Ethics: Religion and Politics</i> . Annual Meeting of the Georgia Psychological Association, Atlanta, GA. |
| September 2018 | Invited Presenter: <i>The Ethics of Religion and Politics in Psychotherapy</i> . Emory University Department of Psychiatry and Behavioral Sciences, Continuing Education Workshop, Atlanta, GA. |
| March 2018 | Invited Presenter: <i>Early Intervention and Support in Psychiatric Illness and Recovery: A Guide for Families, Caregivers, and Communities</i> . Skyland Trail Psychiatric Treatment Center, Atlanta, GA. |

February 2018	Invited Presenter: <i>Early Intervention in Psychosis: Creating a Broader Mental Health Community</i> . Georgia Psychological Association, Continuing Education Workshop, Atlanta, GA.
November 2017	Invited Presenter: <i>Psychotherapy for Psychotic Disorders</i> . Emory University Department of Psychiatry and Behavioral Sciences, Continuing Education Workshop, Atlanta, GA:
August 2017	Invited Presenter: <i>Destigmatizing Unique Experiences and Creating a Broader Mental Health Community</i> . Annual Meeting of the World Haring Voices Congress, Boston, MA.
April 2017	Invited Speaker: <i>Mental Health in the 21st Century</i> . Annual Meeting of the Stamps Scholars National Convention, Atlanta, GA.
August 2016	Annual Meeting of the American Psychological Association, Denver, CO: <i>Helping Non-mental Health First Responders Intervene During Psychiatric Crisis</i>
April 2016	Keynote Speaker: <i>Mental Health Heroes</i> . Annual Meeting of the National Alliance on Mental Illness, Atlanta, GA:
January 2014	Invited Presenter: <i>Co-morbid Cardiac Problems and Depression</i> . Grady Memorial Hospital, Atlanta, GA:

TEACHING EXPERIENCE

Instructor: Hubert Department of Global Health (GH), Rollins School of Public Health (RSPH), Emory University

Fall 2020	Community Needs Assessment (GH 586)	Graduate
Spring 2020-Present	Critical Issues in Global Health (GH 500)	Graduate
Fall 2018-Present	Introduction to Global Mental Health (GH 583)	Graduate
Spring 2018	Health and Human Rights Seminar (GH 508): Co-instructor	Graduate

Instructor: Department of Psychiatry and Behavioral Sciences, Emory University

Fall 2018-Present	Acceptance and Commitment Therapy, 8-week Intensive	Doctoral
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Instructor: Department of Psychology and Behavioral Sciences, University of Louisville

Fall 2010-Spring 2012	Abnormal Psychology	Undergraduate
Spring 2011	Research Methods and Design	Undergraduate
Fall 2011	Quantitative Statistics	Undergraduate
Fall 2008-Spring 2009	Introduction to Psychology	Undergraduate

THESIS ADVISING AND MENTORING

Name	Supervision	Date/Degree
Alysse Kowalski	Committee Member	2020 PhD, Nutrition and Health Sciences <i>Associations of Pubertal Timing and Tempo with Mental Health, Health Risk Behavior Initiation, and Pregnancy in Adolescence and Schooling Attainment and Employment in Early Adulthood.</i>
María José Ramírez Luzuriaga	Committee Member	2020 PhD, Nutrition and Health Sciences <i>Early-life nutrition, child growth, and adult cognitive and socioemotional functioning in Guatemala.</i>
Kayla Fadda	Committee Chair	2020 MPH, Global Health <i>Addressing the Mental Health Impacts of a Mother's Breast Cancer on Her Adolescent Daughter(s): The Development of Mental Health Resources for Adolescent Daughters.</i>

- Siqiao Zhang Committee Chair 2020 MPH, Global Health
HIV/AIDS-related stigma reduction intervention in China, A systematic review.
- Ruhika Prasad Committee Member 2020 B.S., Anthropology
Mental Illness and Pregnancy in Women from Provider and Patient Perspectives in Mysore, India.
- JinYoung Kim Committee Chair 2019 MPH, Global Health
A Systematic Review: Understanding the effects of story-based interventions for refugee children at risk for mental health conditions.
- Shanaika Grandoit Committee Member 2019 MPH, Global Health
An Exploration of the Mental Health Needs of Adults Working in the Commercial Sex Trade and Their Experiences with Mental Health Services.
- Melissa Podolsky Committee Member 2019 MPH, Global Health
Trajectories of stigma among opioid dependent individuals in Ukraine: A comparison of individuals currently receiving opioid agonist treatment in comparison to those not in treatment.
- Ayesha Bhatia Committee Chair 2019 MPH, Global Health
Mental Health Wellness of South Asian Students of Minnesota: A Mixed-method Study of Determinants, Attitudes, and Barriers
- Jessica Biser Committee Chair 2019 MPH, Global Health
The Development of a Training Curriculum for Opioid Treatment Providers in Georgia about Older Adults in Treatment: A Special Studies Project.
- Christopher Slotta Committee Chair 2018 MPH, Global Health
Does the Messenger Make a Difference? Religious and Traditional Leaders' Role in Improving Access to Mental Health Services in Liberia.

HONORS

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| May 2020 | Fellow, Georgia Psychological Association |
| April 2016 | Early Career Achievement Award, American Psychological Association |
| December 2013 | Commencement Speaker, University of Louisville, Louisville, KY |
| December 2013 | Guy Stevenson Award for Excellence in Graduate Studies, University of Louisville, Louisville, KY |
| December 2012 | Dissertation Research Initiation Grant: Intramural Research Incentive Grant, University of Louisville, Louisville, KY |
| May 2006 | Outstanding Graduate Student of the Year Award, College of Education and Behavioral Sciences, Western Kentucky University, Bowling Green, KY |
| May 2006 | Experimental Psychology Graduate Student of the Year Award, Western Kentucky University, Bowling Green, KY |
| May 2004 | Outstanding Alpha Kappa Delta Undergraduate Student Award, Department of Sociology, Western Kentucky University, Bowling Green, KY |

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

SERVICE TO PROFESSION

- 2020-Present Peer Reviewer, *Global Mental Health*

2020-Present Peer Reviewer, *Health Psychology*
2019-Present Conference Planning Committee for the International Society for Psychological and Social Approaches to Psychosis (ISPS)
2017-Present Co-chair of the Academic Affairs Committee, Georgia Psychological Association
2015-Present Editorial Board for *Practice Innovations*
2014-Present Volunteer Psychologist for the Atlanta Asylum Network, Atlanta, GA

SCHOOL SERVICE

2020 Judge, Intramural Emory Global Health Case Competition

DEPARTMENT SERVICE

2019-Present Co-Chair, Community Health Development Concentration
2019-Present Co-lead, Mentoring and Advising Community
2017-Present HDGH Thesis Committee for Shepard Award
2017-Present Lead/Co-Lead, HDGH Faculty Mental Health Workshop

COMMUNITY SERVICE

2018-Present Board of Directors, Community Friendship, INC, Atlanta, GA